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**Susan Fletcher, Ph.D. Selected as Plano Youth Leadership Board
President for 2006-2007**

PLANO, TEXAS – April, 2006 – Noted author, speaker and practicing psychologist Susan Fletcher, Ph.D. has been selected to serve as president of the board for Plano Youth Leadership (PYL). She will continue the mission of PYL, to offer a leadership development training program for tenth grade students living in the area served by the Plano Independent School District.

“I’m excited about this election and will strive to continue to expand the opportunity for students to be a part of this program and to develop leadership skills,” said Fletcher. “Going through the Leadership Plano program was life changing for me, I hope to give these students a glimpse of that experience.”

PYL selects a class of 30 students each year using a competitive application process. The students are chosen from those who demonstrate an interest in acquiring leadership skills and the program strives to seek students who represent a cross section of the city of Plano.

“The program is designed to not only benefit the youth involved, but the schools and community of which they represent,” said Fletcher.

Increased self-esteem, the development of leadership skills, an understanding of local community and its diversity and the students’ personal contributions to community service are all benefits of the youth’s participation in Plano Youth Leadership. Schools benefit from the increased pool of student leaders, an enhanced school climate and the opportunities for community collaborations with student involvement. Young leaders emerge from the program with a strong sense of self-worth and support from community volunteers, established community leaders and business and civic organizations.

Plano Youth Leadership is a non-profit supported by student tuitions and the support of sponsors such as Baylor Regional Medical Center of Plano, Cingular Wireless, Medical City of Plano, North Dallas Bank & Trust, Plano Youth Leadership Board, Plano Rotary Club and Webb & Webb, PC. More information on Plano Youth Leadership, including application information, can be found on their Web site, www.PlanoYouthLeadership.org.

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About Susan Fletcher, Ph.D.

Susan Fletcher, Ph.D. is a practicing psychologist specializing in helping individuals, professionals and organizations apply strategies for immediate improvement. Fletcher uses her expertise and experience to teach people how to develop their own best practices to enhance focus, balance and perspective to successfully meet the challenges of today's home and work environments. A graduate of the University of Florida, Fletcher has worked with "Dr. Phil" McGraw, serving as a litigation specialist on high-profile cases. Fletcher's private practice, Fletcher & Associates Psychological Services, P.A., is based in Plano, Texas and serves a variety of patients from adults to children. Fletcher's Smart Zone™ techniques have been the basis of presentations across the country and can be applied to a variety of topics. For more information, please visit www.FletcherPhD.com or www.HearSusan.com.